

NEW

1661.

A New Almanack and Prognostication,
serving for the years of our Lord
God and Saviour Jesus Christ, 1661.

or Leap-Year.

Wherein is contained a double Reminder
viz. the *Julian* or English Account, and
the *Gregorian* and Forraigne Computation,
with the Change of the Moone, her
Full and Quarters, and time of
the Eclipses: and other ne-
cessary observations, conve-
nient to be noted.

Calculated, and exactly rectified, for
the Elevation of the Pole Articke, and
Meridian of the ancient and famous City
of *Norwich*, and may serve generally
for the most part of great
BRITAIN.

Practised, penned, and published,
by *JOHN NEVE*, Gent.

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**The Contents of this double Kalender for this year
of our Lord God 1660. being the Bissextile
or Leap-year, according to the Accompt
and Computation of the Church
of ENGLAND.**

The Prime or Golden Number. 9

The Circle of the Sun. 18

The Epact. 9

The Roman Indiction. 14

The Dominicall Letter.

**The space between Christmas and Shrovetide, is
10 weeks.**

Shrove Sunday. February. 24

Easter day. April. 14

Ascension day. May. 23

Whitsunday. June. 2

Advent Sunday. December. 1

Between Trinity and Advent, are Sundays 13.

Between Easter and Ascension, are 5 weeks & 3 days.

Between Whitsunday & Midsummer is 2 weeks & 1 day.

Between Midsum. & Barth. is 2 weeks and 4 days.

Between Barthol. & All. Saints, is 2 weeks & 5 days.

The Forraigne Computation

The Golden Number. 9

The Circle of the Sun. 18

The Epact. 19

The Roman Indiction. 14

The Dominicall Letters.

Shrove Sunday. February. 27

Easter day. April. 27

Ascension day. May. 26

Whitsunday. June. 5

Advent Sunday. November. 27

**The space between Christmas and Shrovetide, is
10 weeks and three days.**

Between Trinity & Advent, are Sundays. 24

A brief and necessary Computation of years.

From the Creation of the world to this present	5610
From the Creation unto the Flood	1656
From the Flood to Christ	2336
From Moses to Christ	1514
Since the promised seed of Abraham	3588
Since the Israelites departed out of Egypt	3158
Since the destruction of Troy	2841
Since Brute entered this Island	2768
Since the building of the Temple of Solomon	2878
Since the building of the City of Rome	2413
Since Nabucadonozor the King	2408
Since Alexander the great dyed	1985
Since Julius Caesar was slaine with bodkins	1710
Since the happy birth of our Saviour Christ	1661
Since Jerusalem was destroyed by Titus Vespasian	1578
Since England first received the Christian faith	1479
Since the Danes entered England	641
Since the Conquest of England	595
Since the invention of Printing	201
Since King Henry 7. became Bulloyns	118
Since Kets Rebellion at Norwich	113
Since the infectious sweating sickness	104
Since St. Pauls Steeple fired	100
Since the great Plague at Newhaven	91
Since the blazing Starre, and frosty winter	89
Since the very Apparition in the Heavens	87
Since the deep Snow	81
Since the generall Earthquake in England	80
Since the Campe at Tilbury in Essex	73
Since the Powder Treason	56
Since Suttons Hospitall founded	47
Since the last blazing Starre	43
Since the downfall in Black Fryers	39
Since the last great Plague	36
Since the fire on London Bridge	29
Since the fight at Edge-hill, Octob. 23.	19
Since the fight at Naseby, June 14.	16

The Anatomy of Mans Body, as the parts
thereof are governed by the twelve
Celestiall Signes of the
Zodiacke.

♈ Aries, Head and face.

♉ Taurus,
Neck and
Shoulder.
♊ Cancer,
Stomach, Bowels,
and ribs.
♋ Virgo,
Breasts and
Belly.
♌ Scorpio,
Secret members
of Capricorn,
The hands.



♍ Gemini,
Throat and
Shoulders.
♎ Leo,
Heart and
back.
♏ Libra,
Kidneys and
Reynes.
♐ Sagittarius,
The Thighes
of Aquarius,
The Legges.

♑ Pisces, The feet.

The Characters of the Signs, Planets
and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo,
♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Capri-
cornus, ♒ Aquarius, ♓ Pisces, ♄ Saturne, ♃ Jupiter,
♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☾ Luna, ☿ Con-
junction, ✳ Sextile, ☐ Quartile, ☐ Trine, ☐ Opposi-
tion, ♀ Caput Draconis, ♂ Cauda Draconis.

January hath xxxi dayes.

If thou be sick and help wouldst have,
The counsell of the Learned crave:
If thou have health, to keepe thee so,
Flie idlenesse as deadly foe.

1	a	New ye day.	Cen.	6	11	D	
2	b		Cen.	10	12	e	Full Moone the
3	c		Cancer	19	1	f	5 day, 56 min.
4	d		Cancer	26	14	g	af. 9 of the clock
5	e		Cons.	27	15	h	in the forenoon.
6	f	Sweth day.	Leo	8	16		
7	g		Leo	20	17	i	
8	a		Vir.	3	18	D	
9	b		Vir.	13	19	e	Last quarter the
10	c	Wet day.	Virgo	26	20	f	13 day 4 min.
11	d		Libja	1	21	g	af. 3 of the clock
12	e	Wet day.	Libja	2	22	h	in the afternoon.
13	f	Wet day.	Scor.	2	23		
14	g		Scor.	13	24	i	
15	a		Scor.	23	25	D	New moone the
16	b		Sagitt.	11	26	e	20 day, 48 min.
17	c		Sagitt.	25	27	f	af. 2 of the clock
18	d		Tapp.	10	28	g	in the afternoon.
19	e		Tapp.	24	29	h	
20	f	2 Sun. aft. Epi.	Squar.	9	30		
21	g	Oct. of Epi.	Squar.	25	31	i	
22	a		Pisces	10	1	D	February. 1661
23	b	Term beg.	Pisces	25	2	e	Pat. of Mary.
24	c		Aries	10	3	f	
25	d	Cont. of Pa.	Ari.	23	4	g	First quarter the
26	e		Taur.	8	5	h	27 day, 6 min. af.
27	f	3. Sun. aft. Ep.	Taur.	21	6	i	ter 7 of the clock
28	g	Cont. of Pa.	Gem.	3	7	D	in the forenoone.
29	a		Gem.	17	8	e	
30	b		Gem.	29	9	f	
31	c		Can.	11	10	g	

February hath xxix dayes:

Be choice of food in any wise,
To keepe thee warm also preells:
Beware no Surgeon let thee blood,
Except the learned thinke it good.

1	D	Cancer	24	12	G	Full moon the
2	E	Leo	12	12	A	4 day, 36 min.
3	F	Craß. Purif. Leo	10	13		aft. 4 of the clock
4	G	Virgo	21	14	C	in the morning.
5	A	Libra	14	15	Q	
6	b	Virgo	24	16	E	
7	c	Libra	5	7	F	Last quarter the
8	D	Libra	17	18	G	12 day 54 min.
9	E	Scorpio	29	19	A	after 6 of the
10	F	Scorpio	11	20		clocke in the
11	G	Scorpio	24	21	C	morning.
12	A	Sagit.	7	22	Q	
13	b	Sagit.	20	23	E	
14	c	Capric.	3	24	F	
15	D	Capric.	18	25	G	Marthas Appoib.
16	E	Aquar.	1	26	A	
17	F	Aquar.	18	27		
18	G	Pisces	3	28	C	
19	A	Pisces	18	29	Q	
20	b	Aries	3	1	E	1661.
21	c	Aries	18	2	F	New Moon the
22	D	Taurus	2	3	G	19 day 39 min.
23	E	Taurus	17	4	A	after midnight.
24	F	Taurus	30	5		
25	G	Gem.	13	6	C	First quarter the
26	A	Gem.	26	7		25 day 26 min.
27	b	Canc	8	8	E	aft. 8 clock at
28	c	Can	21	9	F	night,
				10	G	

March hath xxxi dayes.

Now Bleed and Bathe if thou desire,
And Purge also if need require:
Ill humours doe in many breed,
Provide in time before thou need.

1	D		Leo	3	11	G	Full moone the
2	E		Leo	15	12	A	5 day. 26. min.
3	F	1 Sun. in Lent.	Leo	27	13		aft. 11 of the clock
4	G		Virgo	8	14	B	at night.
5	A		Virgo	20	15	D	
6	B		Libra	3	16	E	
7	C		Libra	14	17	F	
8	D		Libra	26	18	G	
9	E		Scorpio	9	19	A	Last quarter the
10	F	Sol in Aries.	Scor.	21	20	B	13 day, 34 min.
11	G		Sagitt.	1	21	D	after 6. of the
12	A		Sagitt.	17	22	E	clock at night.
13	B		Sagitt.	29	23	F	
14	C		Capr.	13	24	G	
15	D		Capr.	27	25	A	Annun. of Mary
16	E		Squar.	11	26	B	
17	F	2 Sun. in Lent.	Squar.	27	27	D	New Moone the
18	G		Pisces	11	28	E	20 day, 40. min.
19	A		Pisces	26	29	F	after 9 of the
20	B		Aries	12	30	G	clock in the
21	C		Aries	26	31	A	morning.
22	D		Taurus	11	1	B	
23	E		Taur.	24	2	D	April, 1661.
24	F	4 Sun. in Lent.	Gem.	9	3	E	
25	G	Annun. of St. John	Gem.	21	4	F	First quarter the
26	A		Cancer	5	5	G	27 day 26 min.
27	B		Cancer	17	6	A	after 11. of the
28	C		Canc.	29	7	B	clock in the fore-
29	D		Leo	12	8	D	noone.
30	E		Leo	23	9	E	
31	F	5. Sun. in Lent.	Virgo	5	10	F	

April hath xxx dayes.

Now wholesome Bathes thou mayest frequent,
 Let blood also, and not repent :
 These be good meanes, thee to defend
 From griefes, the which on thee attend.

1	a	Virgo	17	11	c	Full moon the
2	b	Virgo	29	12	d	4 day, about 4.
3	c	Libra	11	13	e	of the clock in
4	d	Libra	23	14	f	the afternoon.
5	e	Scorpio	5	15	g	
6	f	Scorpio	18	16	a	
7	g	Sagitt.	0	17	b	after day.
8	a	Sagitt.	14	18	c	
9	b	Sagitt.	26	19	d	Last quarter the
10	c	Sagitt.	10	20	e	12 day, 42 min.
11	d	Capr.	24	21	f	af. 2 of the clock
12	e	Capr.	7	22	g	in the morning.
13	f	Aqua.	22	23	a	
14	g	Aqua.	5	24	b	
15	a	Pisces	21	25	c	Mark Evange.
16	b	Pisces	5	26	d	
17	c	Aries	19	27	e	New Moone the
18	d	Capr.	4	28	f	17 day, about 7
19	e	Taur.	17	29	g	of the clocke in
20	f	Gem.	2	30	a	afternoon.
21	g	Gemin.	17	1	c	
22	a	Gem.	30	2	d	1661
23	b	Cancer	13	3	e	
24	c	Can.	25	4	f	First quarter the
25	d	Leo	8	5	g	26 day, 7 min.
26	e	Leo	20	6	a	af. 4 of the clock
27	f	Virgo	1	7	b	in the morning.
28	g	Virgo	13	8	c	
29	a	Virgo	26	9	d	
30	b	Libra	7	10	e	

May hath xxxi dayes.

Rise early now this moneth of May,
And walke the fields that be so gay:
From surfeiting see thou refraine,
For soone it will procure thy paine.

1	b		Libra	19	11	e	
2	c		Scor.	1	12	f	Full Moone the
3	d		Scor.	14	13	g	4 day, 32 min
4	e	3 sun. aft. Ea.	Scor.	27	14	a	aft. 5 of the clock
5		Cres. Pasf.	Dugh.	10	15		in the morning.
6	g		Dugh.	23	16	c	
7	a		Capz.	7	17	d	
8	b		Capz.	20	18	e	Last quarter the
9	c		Aqua.	4	19	f	11 day, 32 min.
10	d		Squar.	18	20	g	after 8 of the
11	e		Disc.	1	21	a	clock in the mor-
12		4 sun. aft. Ea.	Disc.	16	22		ning.
13	g	Wense Pasf.	Aries	1	23	c	
14	a		Aries	15	24	d	
15	b		Aries	29	25	e	
16	c		Taurus	13	26	f	New Moone the
17	d		Taur.	27	27	g	18 day, 38. min.
18	e		Gem.	1	28	a	aft. 4 of the clock
19			Gem.	21	29		in the morning.
20	g	Quin. Pasch.	Cancer	8	30	c	
21	a		Cancer	21	31	d	
22	b		Leo	3	1	e	
23	c		Leo	16	2	f	1661.
24	d	Crag. V. cen.	Leo	28	3	g	First quarter the
25	e		Vir.	10	4	a	25 day, 20 min.
26			Vir.	21	5		aft. 9 of the clock
27	g		Lib.	3	6	c	at night.
28	a		Libra	25	7	d	
29	b		Libra	17	8	e	
30	c		Scorpio	6	9	f	
31	d		Scorpio	22	10	g	

June hath xxx dayes.

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Drinke new or sweet, caste not at all,
For thereby growes no danger small:
And to thy selfe such pastime take,
As may in God thee merry make.

1	a		Sagit.	5	11	a	Full moone the
2	b		Sagit.	19	12	b	2 day, 9 min
3	c		Capr.	2	13	c	after 5 of the
4	d		Capr.	17	14	d	clock in the after-
5	e		Aquar.	0	15	e	noon.
6	f		Aqua.	15	16	f	
7	g		Aqua.	29	17	g	
8	a		Pisces	13	18	a	Last quarter the
9	b		Pisces	27	19	b	9 day, 38 min.
10	c	Craet. Trin.	Ari.	11	20	c	1 of the clock in
11	d	Sol in Cr.	Ari.	25	21	d	the afternoon.
12	e		Taur.	9	22	e	
13	f		Taur.	23	23	f	
14	g		Gem.	6	24	g	
15	a		Gem.	20	25	a	New Moone the
16	b	1 sun at Trin.	Cancer	3	26	b	16 day 20 min.
17	c	Qda. Trin.	Cancer	16	27	c	3 of the clocke
18	d		Can.	29	28	d	in afternoon.
19	e		Leo	11	29	e	
20	f		Leo	24	30	f	
21	g		Virgo	5	1	g	
22	a		Virgo	18	2	a	
23	b	Qda. Trin.	Virgo	29	3	b	First quarter the
24	c	John Bapt.	Libra	11	4	c	24 day, 15 min
25	d		Lib.	23	5	d	after 3 of the clock
26	e		Scor.	5	6	e	in the afternoon
27	f		Scor.	17	7	f	
28	g		Sagit.	0	8	g	
29	a		Sagit.	13	9	a	
30	b	3 sun at Trin.	Sagit.	27	10	b	

July hath xxxi dayes.

Perfume thy house with savours sweet,
But such as are for purpose meet:
Abroad as thou in streets dost goe,
Defend thy selfe from stinkes also.

1	B	Tres Trin.	Capit.	11	11	E	Full moon the
2	A		Capit.	25	12	D	2 day, 26 min.
3	b	Trine ends.	Squar.	10	13	E	after 2 of the
4	c		Squar.	24	14	F	clock in the mor-
5	d		Wile	9	15	G	ning.
6	e		Wile	24	16	A	
7		4 sun. aft. Tri.	Trine	8	17	B	
8	B		Trine	22	18	C	Last quarter the
9	e		Taurus	6	19	D	8 day, about 26
10	b		Taur.	19	20	E	day about 7 of the
11	c		Gem.	8	21	F	clocke in the
12	d		Gem.	16	22	G	afternoon
13	e		Gem.	29	23	A	
14		5 sun. aft. Tri.	Cancer	12	24	B	James Apostle.
15	B		Cancer	25	25	C	
16	A		Leo	7	26	D	New moon the
17	b		Leo	20	27	E	16 day, 44 min.
18	c		Virgo	2	28	F	aft. 3 of the clock
19	d		Vir.	14	29	G	in the morning.
20	e		Vir.	26	30	A	
21		6 sun. aft. Trin.	Lib.	7	31	B	August. 1661.
22	B		Lib.	19	1	C	
23	A		Scorp.	1	2	D	First quarter the
24	b		Scorp.	13	3	E	24 day, 11 min.
25	c		Scorp.	25	4	F	after 3. of the
26	d		Sagit.	8	5	G	clock in the fore-
27	e		Sagit.	21	6	A	noon.
28		7 sun. aft. Trin.	Capit.	5	7	B	Full moon the
29	B		Capit.	19	8	C	31 day 32 min.
30	A		Aqua.	4	9	D	31 of the clock
31	b		Aqua.	18	10	E	in the morning.

Astronomical Tables.

As burning heat will thee destroy,
So shivering cold will thee annoy;
Let little sleepe thee now content,
Furge not, nor bleed, lest thou repent.

1	c	Annas day	Pisces	3	11	f	
2	a		Pisces	29	12	g	Last quarter the
3	b		Bries	3	13	a	7 day, about 2
4	c	8 sun. af. Tri.	Bries	18	14		in the morning.
5	d		Taur.	2	15	c	
6	e		Taurus	16	16	d	
7	f		Taur.	3	17	e	New Moone the
8	g		Gem.	13	18	f	14 day, 44 min.
9	a		Gem.	26	19	g	aft. 5 of the clock
10	b		Gem.	98	20	a	in the afternoon.
11	c	9 sun. af. Tri.	Cancer	21	21	c	
12	d		Leo	4	22	d	
13	e	sol in Vago	Leo	16	23	e	
14	f		Leo	28	24	f	
15	g		Virgo	10	25	g	
16	a		Virgo	22	26	a	First quarter the
17	b		Libra	4	27	b	12 day, 7 min.
18	c	10 sun. af. Tri.	Libra	16	28	c	af. 10 of the clock
19	d		Lib.	27	29	d	at night.
20	e		Scor.	9	30	e	
21	f		Scor.	23	31	f	
22	g		Sagit.	4	1	g	1661.
23	a		Sagit.	17	2	a	
24	b	Barthol. Ap.	Sagit.	30	3	b	Full Moone the
25	c	11 sun. af. Tri.	Capp.	13	4	c	29 day, 31 min.
26	d		Capp.	28	5	d	aft. 6 of the clock
27	e		Aquar.	11	6	e	in the afternoon.
28	f		Aquar.	27	7	f	
29	g		Pisces	11	8	g	
30	a		Pisces	27	9	a	
31	b		Aries	12	10	b	

September hath xxxi. dayes.

Raw fruit though ripe, may sickness bring,
 Unripe much eaten, a dangerous thing:
 If now a Surfer thou dost take,
 When others sleep, then thou must wake.

1		12 sund. aft. Tr.	Bries	27	11		Last quarter the
2	a		Cancr.	11		e	5 day, 15 min.
3	a		Cancr.	26	13	D	26. 11 of the clock
4	b		Gem.	9	14	e	in the morning.
5	c		Gem.	23	15	f	
6	d		Cancr.	6	16	a	New moons the
7	e		Cancr.	18	17	a	13 day, about 11
8		13 sun. aft. Tr.	Leo	1	18		of the clock in
9	a		Leo	13	19	e	the forenoon.
10	a		Leo	25	20	D	
11	b		Virgo	7	21	e	
12	c		Virgo	19	22	f	
13	d		Libra	1	23	a	First quarter the
14	e		Libra	13	24	a	18 day, about 3.
15		14 sun. aft. Tr.	Lib.	24	25		of the clock is
16	a		Scorpio	6	26	e	the afternoon.
17	a		Scop.	18	27	D	
18	b		Sagit.	1	28	e	
19	c		Sagit.	13	29	f	
20	d		Sagit.	25	30	a	
21	e		Capr.	9	1	a	1661
22		15 sun. aft. Tri.	Capr.	21	2		
23	a		T. cap.	6	3	e	
24	a		Squar.	2	4	D	Full moons the
25	b		Pisces	5	5	e	28 day, about 3
26	c		Pis.	20	6	f	of the clock in
27	d		Aries	5	7	a	the morning.
28	e		Aries	20	8	a	
29			Cancr.	5	9		
30	f		Cancr.	20	10	e	

October hath xxxi dayes.

Warne clothes must now provided bee,
 Also warme meates be good for this;
 Have good regard thy feet be dry,
 Thou shalt avoid much harme thereby.

1	a		Gem.	4	11	D	
2	b		Gem.	18	12	E	Last quarter the
3	c		Cancer	2	13	F	5 day, 27 min.
4	d		Canc.	15	14	G	aft, midnight.
5	e		Canc.	28	15	A	
6	f	17 sun. af. Tri.	Leo	10	16	B	
7	g		Leo	22	17	C	
8	a		Virgo	4	18	D	Luke Evan.
9	b		Vir.	16	19	E	
10	c		Virgo	28	20	F	New Moon the
11	d		Libra	9	21	G	13 day, 48 min. af.
12	e		Libra	21	22	A	4. of the clocke
13	f	Sol in Scorp.	Scorpio	3	23	B	in the morning.
14	g		Scor.	16	24	C	
15	a		Sagit.	28	25	D	
16	b		Sagit.	10	26	E	First quarter the
17	c		Capr.	23	27	F	16 day, about 9
18	d	Luke Evan.	Capr.	6	28	G	of the clock at
19	e		Aquar.	19	29	A	night.
20	f	16 sun. afc. Tri	Aquar.	2	30	B	
21	g	Tres Epicha.	Aquar.	16	31	C	
22	a		Pisces	14	1	D	Novemb. 1657.
23	b	Termis begin	Pisces	25	2	E	
24	c		Tries	14	3	F	Full Moon the
25	d		Tries	24	4	G	17 day, 1 of the
26	e		Taur.	14	5	A	clock afternoon.
27	f	Ascens. Mic.	Taur.	28	6	B	
28	g	Simon & Jud.	Gem.	13	7	C	
29	a		Gem.	27	8	D	
30	b		Gem.	10	9	E	
31	c				10	F	

November hath xxx days.

If Rheumes doe now molest thy head,

It is not ill to sweat in bed :

Feed on good meates, if stomacke serve,

Else seeke for that which doth preserve.

1	D	All Saints.	Can.	24	11	G	
2	e	All Saints	Leo	6	12	A	Last quarter the
3	A	Craft. Anis.	Leo	19	13		3 day, 38 min.
4	G		Virgo	1	14	e	aft. 5 of the clock
5	A	Good. Trist.	Virgo	13	15	D	in the afternoon.
6	b		Virgo	24	16	e	
7	c		Lib	6	17	f	
8	D		Lib	18	18	G	
9	e		Lib	30	19	A	New moone the
10	A	22 sun. aft. Tr.	Scor.	12	20		11 day, 18 min.
11	G	Martin bish.	Scor.	24	21	e	after 10 of the
12	A	Sol in Sag.	Sagit.	7	22	D	clock at night.
13	b		Sagit.	19	23	e	
14	c		Capri.	3	24	f	
15	D		Capri.	16	25	G	First quarter the
16	e		Capri.	29	26	A	19 day, 23 min.
17	A	23 sun. aft. Tr.	Squer.	13	27		after 6 of the
18	G	Ed. Mar.	Squer.	27	28	e	clocke in the
19	A		Pisces	10	29	D	forenoon.
20	b		Pisces	24	30	e	
21	c		Aries	6	1	f	
22	D		Aries	23	2	G	1661.
23	e		Taurus	8	3	A	
24	A	24 sun. aft. Tri.	Taur.	27	4		
25	G	Quint. M.	Gem.	7	5	e	
26	A		Gem.	21	6	D	Full Moone the
27	b		Gem.	9	7	e	26 day, 38 min.
28	c	Terre coel.	Can.	18	8	f	after midnight.
29	D		Leo	1	9	G	
30	e		Leo	15	10	A	

December hath xxxi dayes.

New cold December is come in,
And poore Mans backe is clothed thin:
Feed and clothe them as ye may,
The Lord will it threefold repay.

1		Leo	27	11		Last quarter the
2	G	Virgo	9	12	C	3 day, 25 min.
3	a	Vir.	21	13	D	aft. 2 of the clock
4	b	Libra.	26	14	E	in the afternoon.
5	c	Libra	14	15	F	New Moon the
6	d	Libra	2	16	G	11 day, 22 min.
7	e	Scor.	8	17	A	after 2 of the
8	1 Sun, in Adv.	Scor.	20	18	B	clocke in the
9	G	Sagit.	3	19	C	afternoon.
10	a	Sag.	15	20	D	First quarter the
11	b	Sagit.	29	21	E	21 day, 13 min. aft.
12	c	Capr.	12	22	F	10 of the clock in
13	d	Capr.	26	23	G	the forenoon.
14	e	Squar.	9	24	A	
15	3 Sun, in Adv.	Penar.	23	25	B	
16	G	Pisces	7	26	C	
17	a	Pisc.	21	27	D	
18	b	Aries	5	28	E	
19	c	Aries	19	29	F	
20	d	Taur.	3	30	G	
21	e	Taur.	17	31	A	
22	4 Sun, in Adv.	Gem.	1		B	
23	G	Gem.	15	2	C	Full moone the
24	a	Gem.	29	3	D	25 day, 8 m. aft
25	b	Cancer	13	4	E	2 of the clock in
26	c	Canc.	26	5	F	the afternoon.
27	d	Leo	9	6	G	
28	e	Leo	22	7	A	
29		Virgo.	4	8	B	
30	G	Virgo	17	9	C	
31	a	Virgo	28	10	D	

January 1661.

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A PROGNOSTICATION,
Serving for the yeare of our
Lord God and Saviour
JESVS CHRIST
1661.

Wherein you may observe the
grounds of the alteration and condi-
tion of the **Four Quarters** of this yeare: As
also the disposition of the Aire, for each se-
verall Moneth, according to the inclinati-
on of the **Caelestiall bodies**, with the change of the
Moone, her full, and Quarters, and the time
of the **Eclipses**, with other things fit to
be known and observed.

Calculated, and especially referred to
the Longitude and Elevation of the
Pole Artick, of the ancient and famous City
of *Norwich*, and may serve generally
for all **ENGLAND**.

Collected, composed and pub-
lished by *John Neve* Gent.

Printed at *London* for the Company
of Stationers. 1661.

**A Briefe and necessary Rule, for the
beginning and ending of the foure
Termes, with their Returnes,**

Hilary Terme begins Ianuary 23 and endeth Febr.
12 and hath foure Returnes.

Oftab. Hilar. Ianu. 21 } } Craft. Purif. Febr. 4.
Quind. Hilar. Ianu. 28 } } Oftab. Purif. Febr. 9:

Easter Terme begins 17 dayes after Easter, and ends
foure dayes after Assention day, & hath 5 Returnes

Quind Pasch. Aprill 29 } } Quinq; Pasch. May 20.
Tres Pasch. May 6. } } Craft. Ascen. May 24.
Mense. Pasch. May 13. } }

Trinity Terme begins the Friday after Trinity Sun-
day, and ends the Wednesday fortnight after, and
hath foure Returnes.

Craft. Trin. Iune 10. } } Quind. Trin. Iune 25.
Oftab. Trin. Iune 17. } } Tres Trin. July 1.

Michaelmas Terme begins October 23 and endeth
the 28 of November, and hath sixe Returnes.

Tres Mich. Octob. 21. } } Craft. Mart. Novem. 12
Mense. Mich. Octob. 28. } } Oftab. Mart. Nove. 18
Craft. Anim. Novem. 4. } } Quind. Mart Nove. 25

Note that the Exchequer openeth 8. dayes before
any Terme begins, except Trinity Terme, in which
it openeth only foure dayes before.

On these dayes following, the Judges
sit not at Westminster.

In { Hilary
Easter
Trinity
Michael. } Terme, on { Candlemas
Ascension
Midsomer
Alholland } Day.

A most plaine and easie table, shewing the true time of the beginning, continuance, and yeares since the Reign of each King and Queen, in England from the Conquest, untill this year 1661. collected forth of Chronicles, and set forth for the profitable use of Lawyers, Scriveners, &c.

The Kings Names.	Began their Reign.	Reigned yeares. mo. da.	Since their Reign.
W. Conqu.	1066 Oct. 15	20. y. 11. m. 22. d.	595. Sept.
W. Rufus	1087 Sep. 9	12. y. 11. m. 19. d.	574. Aug. 1
Henry 1.	1100 August 1	25. y. 4. m. 1. d.	561. Dec. 2
Stephen.	1135 Decem. 2	18. y. 11. m. 18. d.	526. Oct. 25
Henry 2	1154 Oct. 25	34. y. 9. m. 1. d.	507. July 6
Richard 1	1189 July 6	9. y. 9. m. 0. d.	472. Apr. 6
King John	1199 Aprill 6	17. y. 7. m. 0. d.	462. Oct. 19
Henry 3	1216 Octo. 19	56. y. 1. m. 0. d.	445. No. 16
Edward 1	1272 Nov. 16	34. y. 8. m. 6. d.	389. July *
Edward 2	1307 July 7	19. 7. m. 5. d.	354. Jan. 25
Edward 3	1326 Janu. 25	50. y. 5. m. 7. d.	335. Jun. 21
Richard 2.	1377 June. 21	22. y. 3. m. 14. d.	284. Sep. 29
Henry 4.	1399 Sept. 29	13. y. 4. m. 3. d.	262. Mar. 20
Henry 5.	1412 March 20	9. y. 5. m. 24. d.	24. Au. 31
Henry 6	1422 Aug. 31	38. y. 6. m. 8. d.	239. Mar. 4
Edward 4	1460 March 4	22. y. 1. m. 8. d.	201. Apr. 5
Edward 5	1483 Aprill 9	0. y. 2. m. 18. d.	178. Jun. 22
Richard 3	1483 June 22	2. y. 2. m. 5. d.	178. Au. 22
Henry 7	1485 Aug. 22	23. y. 10. m. 2. d.	176. Au. 22
Henry 8	1509 April 22	37. y. 10. m. 2. d.	152. Ap. 22
Edward 6	1547 Janu. 28	6. y. 5. m. 19. d.	115. July 6
Queen Ma.	1553 July 6	5. y. 4. m. 22. d.	108. No. 17
Queen Eliz	1558 Nov. 17	44. y. 4. m. 16. d.	103. Mar. 24
King Jam.	1602 Mar. 24	22. y. 0. m. 3. d.	59. Mar. 27
King Char.	1625 Mar. 27	24. v. 10. m. 2. d.	26. Jan. 30

K. Ch. 2. ~ 648. lap. 30 whom God grant long to reign

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Of all the Eclipses which shall
happen this present yeare of
our Lord God 1667

Four Eclipses of the Lunaries may this yeare be
seen to the Inhabitants of this Earthly Globe,
whereof two of them shall only be seen with us
here in England, being one of the Sun and the o-
ther of the Moone.

The first Eclipse of the Sun, shall be,

The first Eclipse of the Sun will happen upon
the 10. of March in the forenoon being Wednesday.

Of the second Eclipse of the Moon.

The second Eclipse is of the Moone, on Thursday
the fourth of Aprill, about foure of the clock in the
afternoone, at which time about a fourth part of the
Moones body shall be darkned by the passing of her
south part through the earths Conicall shadow, but
it cannot be seene of us because the Meridian thereof
is so farre removed to the Eastward, and therefore
it may be seen in the East India, in Java the great
and lesse, and in the Orientall Kingdome of Bengala

Of the third Eclipse of the Sun

The Third Eclipse is of the Sun upon Saturday
the 13. of September about noon, but cannot be seen
of us in respect of the great South Latitude of the
Moone, which being increased by her Parallax, doth
far exceed the Sun of the two Semidiameters, but
to them who live under the Longitude 23. deg. and
about 36. deg. of South Latitude. The Sun will ap-
peare almost totally darkned, and therefore it will be
visible in Affrick the South, the Island of S. Tho-
mas, and in the neighbouring Tract of the Southern
land yet unknown to us.

Of

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Of the Fourth Eclipse.

The fourth Eclipse will be seen with us on Saturday the 28 of September in the morning, being a small part of the Eclipse of the Moone.

The great conjunctions of great Starrs,
The Eclipse of Sun and Moon :
Doth threat great death, great Dearth and wars,
If we repent not soon.
Now God above, and wrath above,
And Heaven above relent :
And man beneath, and sin beneath,
And earth beneath Repent.

Some



Some briefe Rules for Husban- dry and Gardening.

The best time to sow all kind of coꝛne, is when the
Moone is in Cancer.

The best time to plant and graft, is in the increase
of the Moone, the being in Taurus, Virgo, or Capricor-
nus.

Remove and set young trees from October till Fe-
bruary, in the first quarter of the Moone, the being
in Taurus or Capricornus.

Crop trees and fell wood, that the stock may the
better and sooner grow again, when the Moone is in
the first quarter.

Fell timber in December and January, in the old of
the Moone is best: but if you would have it grow a-
gain, cut it down in the new of the Moone.

The best time to cut vines, is in the end of Janu-
ary, in February, and in the beginning of March, the
Moone increasing in Taurus, Virgo or Capricornus.

Cut hedges between the change and full, from the
end of January, till the beginning of June.

Set and sow all kind of seeds, the moon being in
Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius,
or Pisces: But the seeds whose roots be round, must
be sowne three or four daies before or after the full
moon.

Gather all manner of fruits, near the full Moone,
in a dry time, gather flowers, and seeds for store, at
the full of the Moone.

Seld cattell, the Moone being in Aries, Sagittarius,
or Capricornus: Sheare sheep, cut hair that it may the
sooner grow again: the Moone increasing, that is
from the change to the full.

To much your land that weeds may not abound,
is best in the last quarter of the Moone.

A fit time to kill fat swine is in the increase, nigh
the

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the full of the Moon, the fard will the better endure the boyling.

Destroy wemics, warts, and Cornes &c. in the last quarter of the Moon.

Brief Rules and necessary Observations concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moon.

Of bleeding.

When the weather is extreame hot or cold, it is not then convenient either to let blood or purge, unlesse some great necessity require it: yet notwithstanding if this blood-letting be for the Phrenisie, the Apoplexie, for a continuall headach, proceeding of Choler or blood, or any hot burning fever, or other extreame pain, a man in such a cause, may not stay for a chosen time, because the patient might miscary in the mean season, but in this aforesaid cause of extremity, blood is not to be let in such a quantity as otherwise it would, if a chosen time might be conveniently expected.

The best time to let the Phlegmatick blood, is when the moon is in Aries, or Sagittarius, the head and thighs excepted.

For melancholy, the moon being in Libra, or Aquarius, the buttocks and legs excepted.

For the Cholerick, the moon being in Cancer, Scorpio, or Pisces, the breast and feet excepted.

For the Sanguine, all be good which before is named.

In the spring time let blood at the right side.

In Harvest time, let blood on the left side.

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Of Bathing.

Bathing is commonly used rather for pleasure than for profit, especially where hot houses are overmuch haunted, but I intend not to speak of them otherwise, then to admonish those that tender their own health, to be wary and circumspect in resorting unto them, without cause, and immediately after of such such persons, as be unclean.

Know it is not good to Bath, the moon being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature; and the nature of cold, is to restrain and bind: and so the Moon being in these signes, the pores of the body are closed and shut: So there can be no resolution of humours and superfluities, which by bathing ought to be avoided.

But in fiery signes, when the moon is in Aries, Leo, or Sagittarius, then it is a good time for bathing, for then the body is apt to resolution: for it is the nature of heat, to open and resolve.

It is best bathing two or three daies after the change, and at the full of the moon, for then the superfluities are ripe and ready to be avoided, and disposed to flow and slide out, which indeed is the true use of bathing.

If any will enter the Bath for cleanness sake, let the moon be in Libra or Pisces.

Furthermore if bathing be used for health, let the party grieved receive of the wise Physician, whether his sickness had need of moistning or drying; for if it require moistning, as in Pehicks, and such like, then let him bath in watry signes, having good aspect with Jupiter or Venus, But if the sickness require drying, as in Paralysis, and the like, then let him bath, the Moon being in fiery signes, having good aspects with Mars and the Sun.

Also before you enter into any bath, your body must be first prepared and purged, for if you go in unprepared, peradventure you may be worse than before.

The best time of the year to bath is in the Spring, and in Harvest, & in the months of May and September.

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The best time of the day to go into the bath is one hour after the sun-rising at the least, alwayes provided, that you walk either an hour, or half an hour before, and have a stool either by nature or art: you must cover your head well, so long as you be in the bath, and beware you drink not cold drink, although you be very thirsty, but forbear all things that be cold, lest when you are hot within, cold strike suddenly into some principall member and hurt you.

The time of tarrying in the bath is commonly one hour, but it may be more or lesse, according to the nature of the bath, or sickness of the party, at the discretion of the wise Physician.

For purging.

In purging these five things ought to be known.	{	<ol style="list-style-type: none"> 1 } The humour which aboundeth. 2 } The best way to avoid it. 3 } The strength of the person. 4 } The manner of the sickness. 5 } The force & nature of the medicine.
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For when these things are not considered and observed, many perillous accidents may follow, and greatly hurt the body.

Good signes generally for purging, are Cancer, Scorpio, and Pisces, particularly with potions or drinks, the Moon being in Scorpio.

Purge with Electuaries, the Moon being in Cancer, purge with Pills the moon being in Pisces.

Take preparatives, the moon being in Gemini, Libra, or Aquarius.

Take vomits, the moon being in Aries, Cancer, or Capricornus.

Take Clusters, the moon being in Libra or Scorpio.

To provoke Sweatings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertus Attractive, the moon being in Aries, Leo, or Sagittarius.

Good to comfort the vertue Digestive: the moon being in Gemini, Libra, or Aquarius.

Good

Good to comfort the vertue re:entive, the moon being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsive, the moon being in Cancer, Scorpio, or Pisces.

For using of Unguents, or plasters, they are best to be applyed and used, when the moon is in that member or signe which governeth that part of the body, to which it is applyable.

For sweatings.

Sweatings as they are of two sorts, that is to say, naturall and artificiall, so they are used for two ends and purposes: the Naturall sweat, if good heed be taken in opening of the pores, will dissolve grosse and thick humours, will cleanse the blood, will comfort the spirits, will put away cold, will consume raw humours, qualifie and quench raging fevers, will help numbnesse, and the dropsie.

The Artificiall sweat will cleanse scabs, put away itch, amend dullnesse in hearing, ease the stone, resolve congealed and cold humours, and melancholly blood.

But for the better performing and effectuall working of these causes, the Counsell of the learned Physician is to be desired and used.

The best or meetest signes to sweat in, are Aries, Leo, and Sagittarius, and that two or three daies after the Change, and at the full moon.

And note that sweating is better to be done, in the evening then in the morning: for when the body hath nourishment within, the spirits shall not so easily be drawn forth to the extreame parts.

Note further, that lean folks, and dry or feeble persons, must sweat little, for it will hurt them much: but fat folkes, may sweat well, and it will do them much good.

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A brief Description of the four Quarters of
this present year of our Lord God, 1661.

Of Winter.

Winter which is the chiefest foe to the Spring, & the disgrace of Summer, and the deep devourer of the fruitfull harvest, began to take his effects, according to our usuall computation, on the 11. of December in the year afore-going, at the entrance of the Sun, into the first minute of the signe Capricornus, at which time the Sun shall be at his greatest South declination from the Equinoctiall line, so that he directeth South East, and directeth South West. Now is the Hyemal or Winter Solstice, for the Sun is so far removed from our Zenith or verticall point, that he cannot decline any further, & standeth at a stop or stay, and then is the shortest day and longest night in the year, and so this Quarter doeth continue untill the 10 of March next following.

This season is by nature cold and moist, unpleasant for the most part to travellers either by Sea or Land, and unto aged persons it is very comburive and noysome, causing superfluities of raiunesse, and abundance of cold moistnesse to over-flow their bodies, to their great troubles and disquietnesse.

The diseases and sicknesses, most like to afflict mens bodies this quarter, will be Rheumes, Coughs, Poles, quotidian Fevers, Gouts, Palsies, Fluxes, Cramps, Convulsions, Apoplexies, Apoplexies, Colicks, raw undigested Humours, Hoarsenesse, and many cold Distillations, into several parts of the body.

Thus will the stars if God asene,
Whose power alone can all prevent.

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Of the Spring.

THE Sun (which is the eye of the world, the fountain of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, and finished his revolution (Gradatim) throughout the 12 signes, and now this 10 of March beeginneth his journey afresh again, and goeth an even course, and to become an indifferent Arbitrer, betwixt the day and night, and maketh an Equality throughout his whole government, to the great joy and comfort of all his reviv'd Subjects, cheating with his splendid countenance, the poor weather-worn weeds of this our dark starr of mortality (which the wretched Continuance of winters extremity, had almost subdued) with his excellent presence, wherewith the earth begins to smile, and to put on her new apparell, the flourishing Libery of fresh Flora.

This season is by nature hot & moist, the most temperate time of the year, and the least disorder of sickness, that both procure death; and a very convenient time for the removing of sickness and griefes gotten before, and also to avoid and prevent those that are to come, for now the dull senses and spirits of man and other creatures are quickned and revived, and therefore the humours which do abound, and are readiest to oppress nature, are fit to be emptied and avoided whether by blood letting, purging, or otherwise, as the learned Physician shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them not neglect this time.

Several sorts of Sicknesses, and Infirmities are subject to this quarter, as Tertians, and quotidian Fevers, obstructions in severall parts, Jaundies, Swellings, hot Tympanies, Squinnancies, bleeding of the Nose, with Dushes, Bories, small Pox, Cerrers paine in the head and eyes, Pelles, Kings-evil, Pr-Exilent Fevers, and many other diseases which may proceed of the corruption of the blood.

Infections from the starrs may fall,

But one above doth stay them all,

Of

A Prognostication.

Of Summer.

Summer the third part of our vulgar year, according to our usuall computation: Now when the Sun hath fully determined the spring, with his last Grade of Gemini, and moved in his motion, to the highest point of his course, namely to the first entrance of Cancer, which shall be this year the 11. of June. Now is the second solstice of the year, called the festivall of Summer solstice: for even as the Sun, when he entereth Capricornus, hath his greatest South declination, from the Equinoctiall: So now at his ingresse into the beginning of Cancer, he hath his greatest declination toward the North from the said Equinoctiall line: and even as at that time of the winter Solstice, he was so far removed from our verticall point, that he could move no further towards the South, and was therefore to approach again towards our North latitude, at which time he seemeth to stand: So now he is come so near to our Zenith that he cannot remove no further towards the North, and is therefore to revert again to the South Latitude. At the first going from us he seemeth also to stand, insomuch that even as before at his return toward us again, he made with us the shortest day and longest night in the year: So now at his return from us, he maketh with us contrariwise, the longest day and shortest night in the year: afterwards declineth more and more from us, like as before he moved more and more towards us.

This season according to his proper nature, is hot and dry turning the humours of mens bodies; into hotness and dryness, resembling the element of fire, and complexion of Choler, bringing all fruits to their ripeness, cattle to their fatnesse, and men to their wealth.

The infirmities likely to molest and trouble us this quarter are according to the judgements of Hippocrates and other learned writers of Physicke, are hot burning Fevers, Phrenzies, Inflammations, Plurifies

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effies, impostumes of the lungs, Sharpnesse of Urine
Strangury, Ulceration of the blood, spotted Fevers,
pestilent Fevers, heat of blood, and choller.

Though Starrs incline to work us ill,
All shall be as the Maker will.

Of Autumne.

AUttumne, according to our accustomed computation,
the last quarter of the year beginneth at the Sunns
teparture, from the last scruple of Virgo, into the
first entrance of the second Equinoctiall signe Libra,
the which will be this year, on the 13. day of Septem-
ber, the day and night being of an equall length, as in
the spring: at which time is the Autumnall Equi-
noctiall, for even at the Sunns entrance into Aries, the
day increasing from the Winter Solstice, till then
came to be equall with the night, going on still more
and more till the Summer Solstice, when was the
longest day and shortest night: So now the night by
increasing from the Equivall Solstice, to the Sunnes
ingredience into Libra, hath got to be equall with the
day, and shall increase more and more, till the Bru-
mall Solstice come againe, when the night is longest,
and the day shortest.

This time of the yeare is of it selfe unconstant, and
variable, warme in the day time, and cold in the night.

This quarter because of the inequality of tempe-
rature, may as Hippocrates saith, be called the mother or
nurse of deadly sicknesses.

And also Galen saith, that this time of the yeare, is
very dangerous for taking sicknesses.

The bodily sicknesses and diseases, commonly atten-
ding this time of the yeare, are many as the Stone,
pains in the Back and Reines with stopping, and
urpessing of Urine, much Joynt aches, Sciaticae,
and Gones, Many quartain Fevers, vertigoes Ap-
oplexies, Palsies, Letargies, Convulsions, Cramp
¶

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Hemorrhoids, Fistulaes, dysenteria, and Fluxes, Melancholly, distraction, and Madness. Cancers, newe and obstrucion of the spleen, and such diseases as may proceed of grosse phlegme, and Melancholly.

Thus every Planet in his kinde,
Is to performe the Almighties minde.

A Declaration of the inclination, and disposition of the Winds and weather, according to the severall motions, configurations, and influences of the erraticall and fixed starrs: with the day, houre and minute of the change of the Moone, her full, and quarters: And also the rising and setting of the Sunne in every seventh day of every moneth of this present yeare of our Lord God, 1665.

Of January.

Day.	The sun riseth	The sun setteth.
1.	houre 8. and 3. min.	houre 3. and 57. min.
7.	houre 7. and 56. min.	houre 4. and 4. min.
14.	houre 7. and 46. min.	houre 4. and 14. min.
21.	houre 7. and 34. min.	houre 4. and 26. min.
28.	houre 7. and 23. min.	houre 4. and 37. min.

Full moone the 5. day 56. min. after 9. of the clock in the forenoon, some fall of moyttare.

Last quarter the 13 day 4. min. after 3. of the clock in the afternoone, inclined to raime.

New moon the 10 day 48. min. after 2. of the clock in the afternoone, frost.

First quarter the 17 day. 6 min. after 7. of the clock in the forenoone, cloudy weather.

Januaries Abstract.

**In this moneth let not blood, neither use but little physick, except great necessity constraineth thee, and beware of taking cold, for this moneth Rheums and flegme, doe much increase: to fast long is hurtfull, but to drinke white-wine fasting is good and whole-
some**

some, use meates that are naturally hot moderately, and wear warme cloathes.

In worldly business, this moneth you may set all kind of common fruits trees, plants, as pears, plums, albert, walnut, and such like, baythorne, and all sorts of quicksetts, or plants, are fittest to be generally set, from the change to the first quarter.

Take away moſt and superfluous branches from your trees, and this moneth is good to set beanes, pease, parscips, leeks, radish, garlike, turnips, and onions, if the weather prove mild, and the moone past the full, you may begin to graft at the end of this moneth, (as the moone be increasing in her light.

Good husbands also this moneth crop trees, fell timber, and geld cattell, such as are to be gelded, the state of the moone alwaies considered.

Of February.

Day. The sun riseth. The sun setteth:

1.	houre 7. and 13. min.	houre 4. and 47. min.
7.	houre 7. and 4. min.	houre 4. and 56. min.
14.	houre 6. and 50. min.	houre 5. and 12. min.
21.	houre 6. and 34. min.	houre 5. and 26. min.
28.	houre 6. and 22. min.	houre 5. and 38. min.

Full Moone the 4 day 36. min. after 4. of the clock in the morning, answerable to the season.

Last quarter the 12. day 54. min. after 6. of the clock in the morning, somewhat frosty.

New moon the 19 day 39. min. after midnight, stormy and windy.

First quarter the 25. day 26. min. after 8. of the clock at night, winterly weather

Februaries Abstract.

In this moneth all stony fish, Milk and Rice, and such like, that doe opplate and stop the Liver and veines, or thic ken the blood, are to be eschewed as enemies to bealed, and also yet for beare Whysick, and letting of blood, except necessity do urge, and learned Counsell do advise you: beware now of taking Cold, for now are Agues apt to be taken, and it is very ill to take heats and afterwards sudden cold upon them.

Now is the most apt time to graft or plant, and to set all kind of trees and bushes, the wind and weather, & age of the Wood considered, Pease, Beanes, Wastings, Onions, Parscips, and such like, as in January, may very well be set in the want of the Wood.

A Prognostication.

The time is now to trim up Gardens, to set and sow all kind of Kitchen Herbs, to set slips, sow kernels, musters, seeds, oats, set hops, cut vines, and proyn them, Rick up your Rouncell ball, case and wastings.

Of March.

Day.	Sun riseth.	Sun setteth.
1.	houre 6. and 20. min.	houre 5. and 40. min.
7.	houre 6. and 8. min.	houre 5. and 52. min.
14.	houre 5. and 54. min.	houre 6. and 56. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 22. min.	houre 6. and 38. min.

Full moone the 5. day 2. min. after 11. of the clocke at night, fitting the season.

Last quarter the 13. day 34 min. after 6. of the clock at night, windy and unconstant.

New Moone the 20. day 48. min. after 9. of the clocke in the mornig, frosty and cold.

First quarter the 27. day 26. min. after 11. of the clock in the forenoon, inclined to moyſture.

Marches Abstract.

In this Moneth the humours of Mans body begins to increase, and now groſs feeding breedeth groſs blood and groſs humours, and therefore use meates of good digestion, & such as breed good juice: It is a good time to purge and clarifie the blood by potions, bathing, and bloodletting, & such other waies as the learned Physician shall appoint, and as the cause of the disease shall require: Also this moneth sweetmeats and drinks are commendable.

The time of grafting as yet endureth, together with setting, sowing, proyning, plashing of vines, and hoppers, willow, oates, pease, beans, parsnips, and such like.

Of April.

Day.	The sun riseth.	The sun setteth.
1.	houre 5. and min.	houre 6. and 42. min.
7.	houre 5. and 6. min.	houre 6. and 54. min.
14.	houre 4. and 54. min.	houre 7. and 6. min.
21.	houre 4. and 39. min.	houre 7. and 51. min.
28.	houre 4. and 29. min.	houre 7. and 31. min.

Full

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Full Moon the 4. day about 4. of the clock in the afternoon, reasonable temperate weather.

Last quarter the 21. day 43. min. after 3. of the clock in the morning, some Apill showers.

New moone the 17. day at 7. of the clock in the afternoon, apt for the time.

First quarter the 16. day 7. min. after 4. of the clocke in the morning, reasonable faire.

Aprils Abstract.

In this moneth of April, the pores of mans body are opened, and apt to receive Physick, and they that refuse the same, I commit them to the benefit of nature, for of all times of the yeare, this is the best time to prevent causes of sickness, or for speedy remedy in extremities, for now nature doth renew strength through all the body: so to bere sickness hapneth the lesse unburdeneth by means of Physick, wherefore what it cannot doe now, will hardly be done hereafter, therefore take time while time is, &c.

As yet you may graft and greene vines, and also set melons, citrons, cucumbers, artichokes, and pole-boes, sow barly, Tanners apply themselves to barking of trees.

Of May.

Day.	The sun riseth.	The sun setteth.
1.	houre 4. and 23. min.	houre 7. and 57. min.
7.	houre 4. and 15. min.	houre 7. and 45. min.
14.	houre 4. and 5. min.	houre 7. and 35. min.
21.	houre 3. and 56. min.	houre 5. and 4. min.
28.	houre 3. and 50. min.	houre 8. and 10. min.

Full Moon the 4. day, 53. min. after 5. of the clocke in the morning, some may drops.

Last quarter the 11 day, 31. min. after 3 of the clock in the morning, overcasting clouds for raine.

New moone the 18. day, 38. min. after 4. of the clock in the morning, faire and pleasant weather.

First quarter the 15. day 10. min. after 9. of the clock at night fitting the season.

Mayes Abstract.

In this moneth rise early, for May doth not love any sluggards, and let such as bee in health and able walke into the fields, and eate and drinke betimes for it is good and wholesome, abstaine from all meates that be of a hot nature:

A Prognostication:

and such as be sick. It is a very good time of the yeare to let blood, or to take Physick: such as bee whole, God keepe them in health, and such as bee sick, God send them good Physitions and Physick.

The time is now fitting to sow Bazill, Parjeram and such fine seedes as before might not be sowne, because of the coldnesse of the weather. Set Sage according to the proverb, set sage in May and it will last alway, sow flax and drump, set Artichokes, weed your Vioys, and Gardens see to your graftes that no superfluous branches trouble them. May dew, Rosemary flowers, and beanesflowers, may at your pleasure be distilled this month, and now also have a care of watching your bees.

Of June.

Day.	The sun riseth.	The sun setteth.
1.	houre 3. and 49 min.	houre 8. and 11. min.
7.	houre 3. and 46 min.	houre 8. and 14. min.
14.	houre 3. and 47 min.	houre 8. and 13. min.
21.	houre 3. and 49 min.	houre 8. and 11. min.
28.	houre 3. and 52 min.	houre 8. and 8. min.

Full Moone the 3. day, 9. min. after 5. of the clock in the afternoone, cloudy and windy.

Last quarter the 9. day, 38. min. after 1. of the clock in the afternoone, some heate droops.

New moon the 16. day 30. min. after 3. of the clock in the afternoone, inclining to moysture.

First quarter the 24. day, 15. min. after 3. of the clock in the afternoon, somewhat unconstant.

Iunes Abstract.

In this month, if thou must needs use Physick, take it early in the morning, that it may have wrought before the heat of the day, and use a light and thin diet, for the stomack is not able to digest as in winter, or in some of the former monthes, and it is very good and convenient for some to drinke clarified wyde, boyled with cold beards, and to abstaine from violent exercise.

Distilling of roies, making of Symps and conserues, are now in prime, now gather such herbs as you meane to keepe all the yeare, but be sure you dry them in the shade: Good husbands and huswives are now working their corns and gardens, & others hearing their sheepe, the time serues to set rosemary, & gillyflowers, take heed of cutting hedge

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of trees & herbs with knife, but rather gather them with
your fingers, now you may set saffron, carry out compost.
make hay, rid gardens of weeds, ants, & pluckets, &c.

Of July.

Day.	The sun riseth.	The sun setteth.
1.	houre 3. and 54. min.	houre 8. and 6. min.
7.	houre 3. and 59. min.	houre 8. and 1. min.
14.	houre 4. and 7. min.	houre 7. and 59. min.
21.	houre 4. and 20. min.	houre 7. and 40. min.
28.	houre 4. and 30. min.	houre 7. and 30. min.

Full moone the 2. day 26. min. after 2. of the clock in the morning, hot faire weather.

Last quarter the 8. day about 7. of the clock in the afternoon, clearing the season.

New moone the 16. day 44. min. after 3. of the clock in the morning, sultry hot weather.

First quarter the 24. day 11. min. after 8. of the clock in the forenoon, some overcasting weather.

Full moone the 31. day 31. min. after 10. of the clock in the forenoon, some overcasting clouds.

Julies Abstract.

In this month use cold herbs & meates, abstaine from
physick, and now the rivers are more wholesome then the
baths, let the sun be up before you walke abroad, in the time
of any pestilence or plague, keepe your chamber windowes
shut opening them when the sun hath force of shining, and
be sure to perfume your chambers every morning with
tarr upon a chaffin dish of coales, then whitch nothing is
better, and use Cardus Benedictus, boiled and drinke fasting.

May herbest now callen slack husbandes to worke, and such
as have leasure, it is good to sowen for wheat, & to carry out
soyle, & to gather seedes & flowers to keepe all the yeare, and
to dry them in the shade, till they be almost dry, and then let
them a while in the sun, & in like manner you may use some
herbs.

Of August.

Day.	The sun riseth.	The sun setteth.
1.	houre 4. and 36. min.	houre 7. and 34. min.
7.	houre 4. and 48. min.	houre 7. and 13. min.
14.	houre 5. and 0. min.	houre 7. and 0. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 27. min.	houre 6. and 33. min.

Diff.

A Prognostication.

Last quarter the 7. day, about 2. of the clock in the morning, faire weather.

New Moone the 14. day 44. min. after 5. of the clock in the afternoone, apt for the time.

Fist quarter the 22. day, 7. min. after 10. of the clocke at night, pleasant weather.

Full moone the 29. day 31. min. after 6. of the clock in the afternoone, inclined to raine.

Augusts Abstract.

In August, moderate dyet is good Physick, for now it is dangerous to surfeit, and take herbe of heates and then of colde, for nothing sooner ingendereth Plurifies, and use not to sleep much, especially in the afternoone, for making opylations and forbidding of Agues and head-ach & Coughs, and now let a man abstaine from physick except necessity doe compell,

Now Lady Ceres lookes to have men enough to attend her, they that would have good seedes for their gardens the next yeere, must now gather of their owne, least in buying they lose their labour and their money, and such as desire to have lettuce, or other hearbs for winter, may sow seedes in the increase of the moone.

Of September.

Day.	The sun riseth.	The sun setteth.
1.	houre. 5. and 34. min.	houre 6. and 28. min.
7.	houre. 5. and 46. min.	houre 6. and 14. min.
14.	houre. 6. and 2. min.	houre 5. and 58. min.
21.	houre. 6. and 14. min.	houre 5. and 46. min.
28.	houre. 6. and 28. min.	houre 5. and 32. min.

Last quarter the 5. day 15. min. after 11. of the clock in forenoone, reasonable faire.

New Moone the 13. day about 11. of the clock in the forenoone, fitting the season.

Fist quarter the 21. day, 31. min after 10. of the clock in the forenoone, windy and unconstant.

Full moone the 28. day, about 3. in the morning, windy and unconstant.

Septembers Abstract.

In this moneth such as have need, may safely take physick, also may bath and bleed. In this moneth all things are in their proper nature and vertue, and such fruits as are ripe and not infected, are good to eate for such as have good marks: Time is good to make conserve of Barbaries, and Quinces, winter hearbs may now be sowne, likewise is the time to set Artichokes, Rose trees, Apple trees, Wardens, & Straw.

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Strawberries, violets, gillflowers; Apples are to bee gathered in the full of the moone, cold Harshens, and in dry weather gather your Hops; Good husbandry is sowing Rye and Barleate, good husbandry is making of Mervise, and plucking of Henpe.

Of October:

Day. The sun riseth.

The sun setteth:

1.	houre 6. and 34. min.	houre 5. and 26. min.
7.	houre 6. and 46. min.	houre 5. and 14. min.
14.	houre 7. and 0. min.	houre 5. and 0. min.
21.	houre 7. and 12. min.	houre 4. and 48. min.
28.	houre 7. and 24. min.	houre 4. and 36. min.

Last quarter the 5. day 27. min. after midnight, raine and moyll.

New Moone the 13. day 48. min. after 4. of the clock in the morning, sitting the season.

First quarter the 20. day about 9. of the clocke at night, clouds for raine.

Full moone the 27. day, at 1. of the clock in the afternoon, cloudy weather.

Octobers Abstract.

In this month thou mayest take Physicke and also bach if occasion serve, use hot meates and drinkes, and use good wholesome wines to nourish good blood, and beware of taking cold, because the quartaine Ague will be apt to bee taken, and such other dangerous and ill diseases.

Remove young trees, as apples, peares, plumbs, quinces, roses, &c. let pease, parsnips, &c. good husbands neede not be hasted to sowing of wheat, let mints, acorns, and filberts. and doing of such good husbandry.

Of November.

Day. The sun riseth.

The sun setteth.

1.	houre 7. and 33. min.	houre 4. and 27. min.
7.	houre 7. and 42. min.	houre 4. and 18. min.
14.	houre 7. and 52. min.	houre 4. and 8. min.
21.	houre 8. and 3. min.	houre 3. and 57. min.
28.	houre 8. and 9. min.	houre 3. and 51. min.

Last quarter the 3. day 38. min. after 5. of the clock in the afternoon, wintry weather.

New moon the 11. day, 18. min. after 10. of the clocke at night, some snow or raine.

First quarter the 19. day, 27. min. after 6. of the clock in the morning, sitting the season.

A Prognostication.

Full Moone the 26. day 38. min. after midnigh, frosty and cold.

Novembers Abstract.

In November shal the physick you meane to take, & so rest till March, except some great necessity doe constrain you. Use good meate, and wholesome wine to nourish thy blood provide thee warme cloathing and goe dry of thy feet, or else be sure to be troubled with Rheume and Soles, besides some other inconvenience that will ensue. Beware of the hot house this moneth, and use Betony and Cinamon in drink.

In the new of the Moone, you may remove young trees, as in the last moneth, and let Crabtree Stockes to graft on, when you please, it is good time in the wane of the moone to set pease, and beanes, and if the weather be not hard, it is good sowing of Parsentys, good making of malt, and killing of Berbes or wine.

Of December.

Day.	The sun riseth:	The sun setteth.
1.	houre 8. and 12. min.	houre 3. and 48. min.
7.	houre 8. and 14. min.	houre 3. and 46. min.
14.	houre 8. and 15. min.	houre 3. and 45. min.
21.	houre 8. and 12. min.	houre 3. and 44. min.
28.	houre 8. and 7. min.	houre 3. and 53. min.

Last quarter the 3. day 25. min. after 2. of the clock in the afternoon, cold and clouy weather.

New Moone the 11. day 22. min. after 2. of the clock in the afternoon, stormy fowle weather.

First quarter the 18. day about 3. of the clock in the afternoon, wintry weather.

Full moon the 25. day 38. min. after 2. of the clock in the afternoon, wet and windy.

Decembers Abstract.

In this moneth of December, keeps thy body and head from cold, and eat such meates as be of a hot quality, abstaine from Physick, & let thy kitchen be thy Apothecary, warme cloathing thy nurse, merry company thy keeper and good hospitality thy exercise.

Remove trees and bushes, if the weather prove not too extreme, in the wane of the moone, set beanes, pease, and those herbes that cannot endure the cold, cover them with straw from the frost and snow.

Soli Sapienti Deo Sola Gloria,

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